

# read me

## Parents & Kids alike ...READ ME FIRST!

### Questions?

Every question raised in this book was collected from children aged between 10 and 14 years from New South Wales. Many questions came from children who attended the School Services program “Moving into the Teen Years”, a program offered by Interrelate Family Centres, Ltd., for over a decade. Others were collected by staff and friends of Interrelate, so we have a wide variety of inquisitive minds.

Talking about relationships often gets a little complicated. Sometimes questions are very tricky; they can be clever, intriguing, imaginative, embarrassing and at times are even funny! Interrelate staff answer all these kinds of questions on a daily basis with honesty and respect; answers are generally kept simple to make sure they are easily understood. This book was written in the same way. It was created for kids and their parents, in the hope that it will be a resource to help them with some of life's trickier questions.

### **First stop: Mum and Dad**

### **Second stop: Questions Kids have about Relationships.**

The questions raised by children were in no particular order and interestingly enough, most were asked about the relationships they have with their parents. So, while this book was written for children, it will provide a wonderful insight for parents about what the peers of their own children are wondering.

### Answers?

Gaye Dell, published author of several other books for children, answered these questions in the collaborative effort with a team gathered especially for this project from *Interrelate Family Centres* staff, relationship counsellors and School Services Educators. *Interrelate Family Centres* is a community based, not-for-profit organization that is a leading provider of relationship services in New South Wales. It began its pioneering work in 1926 with the introduction of authoritative sexuality education for young people. Today over 40,000 students and family members participate in its school and family-based programs every single year. Interrelate staff experts in the field, have the



how do I talk to a girl?